



State of the Art Safety Standards in RA
THE EUROPEAN SOCIETY OF REGIONAL
ANAESTHESIA & PAIN THERAPY

Your interactive
online congress

3rd e-ESRA

Saturday, 14 March 2020

Round tables & live demos

Live chat & quizzes

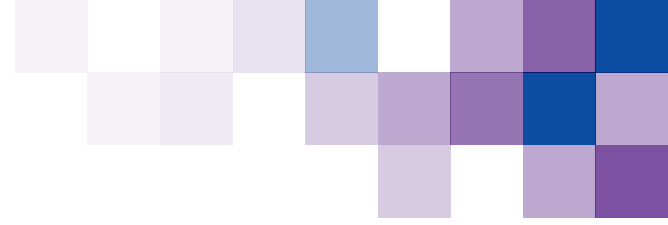
Free for members

PROGRAMME



ESRA Office: Avenue Florimont 4, 1006 Lausanne, Switzerland
Email: office@esraeurope.org

Info and Registrations
esraeurope.org


TV Studio 1
TV Studio 2

07:00 - 07:15

Introduction ESRA President: Alain Delbos - Chair e-ESRA: Luc Mercadal

07:15 - 08:15

HAND SURGERY
Presenter: Morne Wolmarans, UK

- **Hand innervation :**
John Mac Donnell, Ireland
- **Which block for carpal tunnel**
Laurent Delaunay, France
- **Hand surgery and anticoagulant :**
Thomas Volk, Germany
- **Indication of distal blocks**
Dan Dirzu, Romania

HOW TO AVOID HYPOTENSION IN SPINAL ANESTHESIA FOR CS?
Presenter: Xavier CAPDEVILA, France

- **'Low dose' versus 'high dose' spinal**
Margaretha Breebart, Belgium
- **The role of fluid in the prevention and management of spinal hypotension**
Michael Heesen, Germany
- **Phenylephrine or ephedrine**
Marc Van de Velde, Belgium
- **Low dose Norepinephrine**
Frederic Mercier, France

08:30 - 09:30

LIVE DEMO: WHICH BLOCK FOR TKA ?
Presenter: Paul Kessler, Germany

- **Proximal Blocks: Femoral - Obturator - Sciatic**
Alain Delbos, France
- **Distal Blocks: ACB + IPACK**
Thomas Bendtsen, Denmark

CS ANAESTHESIA
Presenter: Nuala Lucas, UK

- **Spinal anaesthesia for CS**
Frederic Mercier, France
- **Anaesthesia for emergency CS - regional**
Gary Stocks, UK
- **Anaesthesia for emergency CS - general**
Marc Van de Velde, Belgium
- **Post CS analgesia**
Eva Roofthoof, Belgium

09:45 - 10:30

B BRAUN
e- SYMPOSIUM

10:45 - 11:45

REGIONAL ANAESTHESIA FOR SHOULDER SURGERY
Presenter: Eric Albrecht, Switzerland

- **Live demo: Interscalene to supraclavicular nerve Block**
Clara Lobo, Portugal
- **Live demo: Supra scapular and axillary nerve blocks**
Morne Wolmarans, UK

POST-DURAL PUNCTURE HEADACHE
Presenter: Thomas Volk, Germany

- **Diagnosis & conservative management**
Nuala Lucas, UK
- **Blood patch**
Steve Coppens, Belgium
- **Brain imaging: when and what?**
Dan Benhamou, France
- **New treatments on the horizon**
Gary Stocks, UK

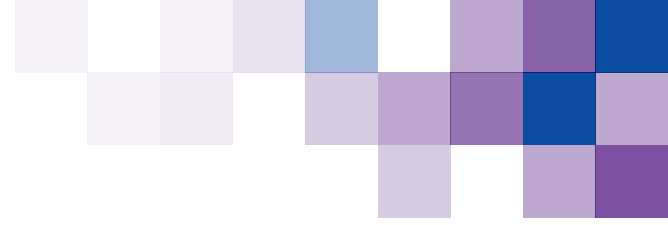
12:00 - 13:00

POCUS
Presenter: Thomas Bendtsen, Denmark

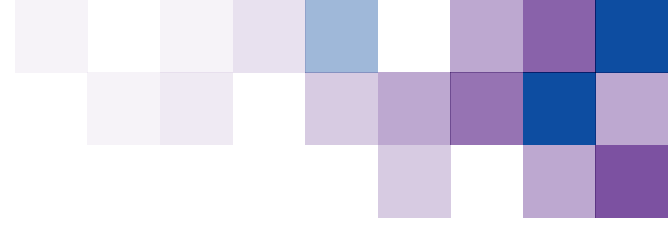
- **Gastric assessment : indication**
Kariem El Boghdady, UK
- **Live demonstration**
Kariem El Boghdady, UK
- **Diaphragmatic course**
Eric Albrecht, Switzerland
- **Live demonstration**
Eric Albrecht, Switzerland

PERINEURAL CATHETERS
Presenter: Patrick Narchi, France

- **When to use - what situations?**
Enrico Barbara, Italy
- **What protocols and drugs?**
Jose Aguirre, Switzerland
- **Maximising safety with perineural catheters**
Philippe Gautier, Belgium
- **Tips for maximal success**
Paul Kessler, Germany



	TV Studio 1	TV Studio 2
13:15 – 14:00	ASPEN PHARMA	PFIZER
14:15 – 15:00	e- SYMPOSIUM	VIFOR
15:15 – 16:15	RA for CAROTID SURGERY Presenter: Geert-Jan Van Geffen, Netherlands <ul style="list-style-type: none"> ● GA versus RA <i>Eleni Moka, Greece</i> ● How to perform RA for carotid surgery <i>Sebastien Bloc, France</i> ● Live demo: superficial cervical block <i>Sebastien Bloc, France</i> 	ABDOMINAL WALL BLOCKS Presenter : Thorsten Steinfeld, Germany <ul style="list-style-type: none"> ● QL Block <i>Jens Borglum, Denmark</i> ● Tap block <i>John Mac Donell, Ireland</i> ● Rectus sheath <i>Hélène Beloeil, France</i> ● Ilio inguinal and ilio hypogastric nerve blocks <i>Thomas Bendtsen, Denmark</i>
16:30 – 17:30	OPHTHALMIC ANAESTHESIA Presenter: Axel Sauter, Norway <ul style="list-style-type: none"> ● Why we should finally leave sharp needle blocks behind <i>Tom Eke, UK</i> ● Why the sub-Tenon's block is a valid alternative in most cases <i>Keith Allman, UK</i> ● How ocular ultrasound helps in ophthalmic regional anaesthesia <i>Lucie Beylacaq, France</i> ● How safe blocks improve anaesthesia at both extremes of age <i>Friedrich Lersch, Switzerland</i> 	ESP BLOCKS IN 2020 Presenter: Clara Lobo, Portugal <ul style="list-style-type: none"> ● Anatomy <i>Paul Kessler, Germany</i> ● ESP thoracic surgery <i>Kariem El Boghdadly, UK</i> ● ESP spine surgery <i>Luis Valdes, Spain</i> ● ESP breast surgery <i>Julien Raft, France</i>
17:45 – 18:45	ANALGESIA FOR HIP FRACTURE Presenter: Eleni Moka, Greece <ul style="list-style-type: none"> ● PENG block <i>Philippe Gautier, Belgium</i> ● Quadratus lumborum block <i>Axel Sauter, Norway</i> ● Erector spinae plane block <i>Julien Raft, France</i> ● Fascia iliaca compartment block with an anterior approach <i>Kris Vermeylen, Belgium</i> 	POST OPERATIVE PAIN MANAGEMENT: PROSPECT Presenter: Narinder Rawal, Sweden <ul style="list-style-type: none"> ● Spinal surgery <i>Hélène Beloeil, France</i> ● Laparoscopic cholecystectomy <i>Girish Joshi, US</i> ● Laparoscopic hysterectomy <i>Marc Van de Velde, Belgium</i> ● Open colorectal surgery <i>Philipp Lirk, US</i>
19:00 – 19:45	e-SYMPOSIUM	e-SYMPOSIUM



TV Studio 1

TV Studio 2

20:00 – 21:00

MOST IMPORTANT PAPERS IN RA: 2018 to 2020

Presenter: Marc Van de Velde, Belgium

- **Acute pain**
Eleni Moka, Greece
- **POCUS**
Jan Boublik, US
- **RA for limb surgery**
Louise Moran, Ireland
- **RA for abdominal surgery**
Steve Coppens, Belgium

FACIAL AND CRANIAL PAIN: RESPONSIBLE NERVES AND TREATMENTS

Presenter: Urs Eichenberger, Switzerland

- **Glossopharyngeal nerve**
Manfred Greher, Austria
- **Nerves of the cervical plexus**
Samer Narouze, US
- **Trigeminal nerve**
Jan Pierre Van Buyten, Belgium
- **Greater occipital nerve**
Urs Eichenberger, Switzerland

21:15 – 22:15

RECENT REFINDMENTS IN UPPER EXTREMITY BLOCKS

Presenter: Philippe Gautier, Belgium

- **Upper trunk & antero suprascapular nerve block**
Manoj Karmakar, Hong-Kong
- **Live demonstration**
Manoj Karmakar, Hong-Kong
- **Costoclavicular brachial plexus block**
Xavier Sala-Blanch, Spain
- **Live demonstration**
Xavier Sala-Blanch, Spain

PERI OPERATIVE CARE FOR TKA

Presenter: Jose Aguirre, Switzerland

- **ERAS for TKA**
Morne Wolmarans, UK
- **Walking or pain free at D0**
Thomas Bendtsen, Denmark
- **Ambulatory surgery for TKA**
Laurent Delaunay, France
- **Anticoagulant & RA**
Thomas Volk, Germany

22:30 - 23:30

LIVE DEMO CHRONIC PAIN

Presenter: Manfred Greher, Austria

- **Cervical spine**
Samer Narouze, USA
- **Lumbar spine**
Urs Eichenberger, Switzerland

ANALGESIA FOR MAJOR ABDOMINAL SURGERY

Presenter: Yavuz Gurkan, Turkey

- **Epidural or spinal**
Steve Coppens, Belgium
- **IV lidocaine**
Marc Beaussier, France
- **Infiltration or abdominal wall blocks**
Rafael Blanco, UAE

