



## Course: „Ultrasound in Regional Anesthesia” 29.09 – 30.09.2018, Chorzów, Poland

### We love ultrasound and we love to teach!

We present a systematic didactic approach to master ultrasound guided procedures and interventions. We start with superficial anatomy and then, step by step, we move on to an axial view on anatomic slices with clearly illustrated landmarks. Standardized scanning procedures help to identify the target structures. Illustrations and 3D-animations support safe and successful procedures.

Together with our dearest colleagues from Poland, we have prepared a program for you which is designed to provide all skills you need for ultrasound-guided procedures. Just get ready and start on the following Monday!

Probe handling, sonographic anatomy and needle tip control are the three preconditions for safe and successful ultrasound-guided procedures. These are our learning aims. We will have tips and tricks for beginners and advanced users.

**Join us for the two exciting days. We are looking forward to welcoming you in Poland.**

#### Faculty:

##### **Wolf Armbruster**

MD, PhD, Department Head Anesthesia Clinic, Evangelisches Krankenhaus Unna, Germany

##### **Rüdiger Eichholz**

MD, Chief Consultant Anesthesiology, medizi. Stuttgart, Germany

##### **Ewa Chabierska**

MD, Sport Clinic, Żory, Poland

##### **Jarosław Kurak**

MD, PhD, ESRA Council Member, Saint Lucas Hospital, Piekary Slaskie, Poland

##### **Andrzej Daszkiewicz**

MD, PhD, Medical University of Silesia in Katowice, Poland

##### **Wojciech Gola**

MD, EDRA, Saint Luce's Hospital, Koneckie, Poland

##### **Sławomir Mika**

M.Sc, CEO of Górnośląska School of Ultrasonography, Medica LLC, Poland

#### Course and workshop will be held at:

Conference room of Górnośląska School of Ultrasonography in Chorzow Gałeczki 54 Str. Poland

#### Application form and further information available on our website:

www.gsusg.pl

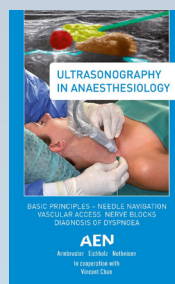
## DAY I 29.09.2018

07:30 – 08:00	Registration
08:00 – 08:30	Welcome
08:30 – 08:50	Lecture 1: Basic principles 1
08:50 – 09:20	Hands-on 1: Setting option in ultrasound machine, image optimization
09:20– 09:45	Lecture 2: Needle navigation
09:45 – 10:15	Hands-on 2: Needle–ultrasound beam coordination skills (at the phantom)
10:15 – 10:45	Lecture 3: Basic principles
10:45 – 11:00	Coffee break
11:00 – 11:30	Lecture 4: Safety in regional aesthesia (A. Daszkiewicz)
11:30 – 12:00	Lecture 5: Anatomy of the brachial plexus (practice with Anatomage Table)
12:00 –12:30	Lecture 6: Blockades around the clavicle – Interscalene, Supraclavicular
12:30 – 13:00	Lunch
13:00 –13:30	Hands-on 3: Blockades around the clavicle (Interscalene, Supraclavicular)
13:30 – 14:00	Lecture 7: Blockades and central lines around the clavicle (Infraclavicular block, subclavia vein, brachiocephalica vein)
14:00 – 15:00	Hands-on 4: Blockades and central lines around the clavicle (Infraclavicular block, subclavia vein, brachiocephalica vein)
15:00 – 15:15	Coffee break
15:15 – 15:45	Lecture 8: Axiillary brachial plexus block & peripheral nerve blocks
15:45 – 16:15	Hands-on 5: Axiillary brachial plexus block & peripheral nerve blocks
16:15 – 17:30	Hands-on 6: Whatever you want to scan or repeat
17:30 – 18:00	Summary
20:00 –	Dinner Party

Cost of individual course : **390 €**

### The price includes:

the book - Ultrasonography in Anaesthesiology for free,  
training materials,  
lunch and coffee during  
a workshop,  
parking, wireless internet.



### Ultrasonography in Anaesthesiology

This new pocket-sized book written „from clinicians for clinicians“ is a perfect guide for beginners and professionals for their daily work in the operation theatre and on the intensive care unit.

## DAY II 30.09.2018

08:45 – 09:00	Welcome
09:00 – 09:45	Lecture 1: Anatomy and innervation of the lower extremity (practice with Anatomage Table)
09:45 – 10:30	Lecture 2. Blockades in the lower extremity (femoral n., adductor canal block, fascia iliaca compartment block)
10:45 – 11:15	Hands-on 1: Femoral nerve block, fascia iliaca compartment block.
11:15 – 11:45	Hands-on 2: Saphenous nerve – where is the adductor canal?
11:45 – 12:15	Hands-on 3: Repetition: Femoral nerve block, saphenous nerve, fascia iliaca compartment block.
12:15 – 12:45	Lunch
12:45 – 13:15	Lecture 3: Blockades in the lower extremity (sciatic nerve blockades)
13:15 – 13:45	Hands-on 4: Distal sciatic nerve blockades
13:45 – 14:15	Hands-on 5: Proximal sciatic nerve blockades
14:15 – 14:45	Lecture 4: Ankle blockades
14:45 – 15:15	Hands-on 6: Ankle nerve blockades
15:15 – 15:45	Lecture 5: Truncal blocks (TAP, IiN, IhN, Rectus Sheath)
15:45 – 16:15	Hands-on 7: TAP, IiN, IhN, Rectus Sheath
16:15 – 16:45	Lecture 6: Truncal blocks (QLB)
16:45 – 17:15	Hands-on 8: QLB
17:15 –	Quiz, Putting it all together, Certificates

Registration:

[www.gsusg.pl](http://www.gsusg.pl)

If you have any further questions,  
please contact us:

[biuro@gsusg.pl](mailto:biuro@gsusg.pl)

**Jarosław Kurak +48 501 377 753**

**Sławomir Mika +48 698 652 913**

### Workshop Partners:

**mindray**  
healthcare within reach

 **ms-medical**

**PAJUNK®**

The course will be held in Chorzów (Silesia Region, Poland) at the headquarters of Górnośląska School of Ultrasonography, the largest ultrasound school in Poland, with modern equipment facilities and great location.



Silesian Metropolitan Area is located in the south-west of Poland, which can be reached very easily and quickly from practically every part of Central and Eastern Europe by car, train or plane.



### Workshop Partners:

